



IW Story Festival Wednesday 17 April 2021, 1.15pm

Peta Rainford: How to Beat the Niggle

On IW Story Festival YouTube Channel

Positivity Cube Craft Activity



What you will need for this craft

1. Cube template (see below) printed out

OR

You can draw it yourself using A4 paper (thick paper or thin card is best), ruler and pencil

2. Coloured pencils/felt tips or paint

3. Glue

4. Scissors

You may also like to use the following (though you can manage without)

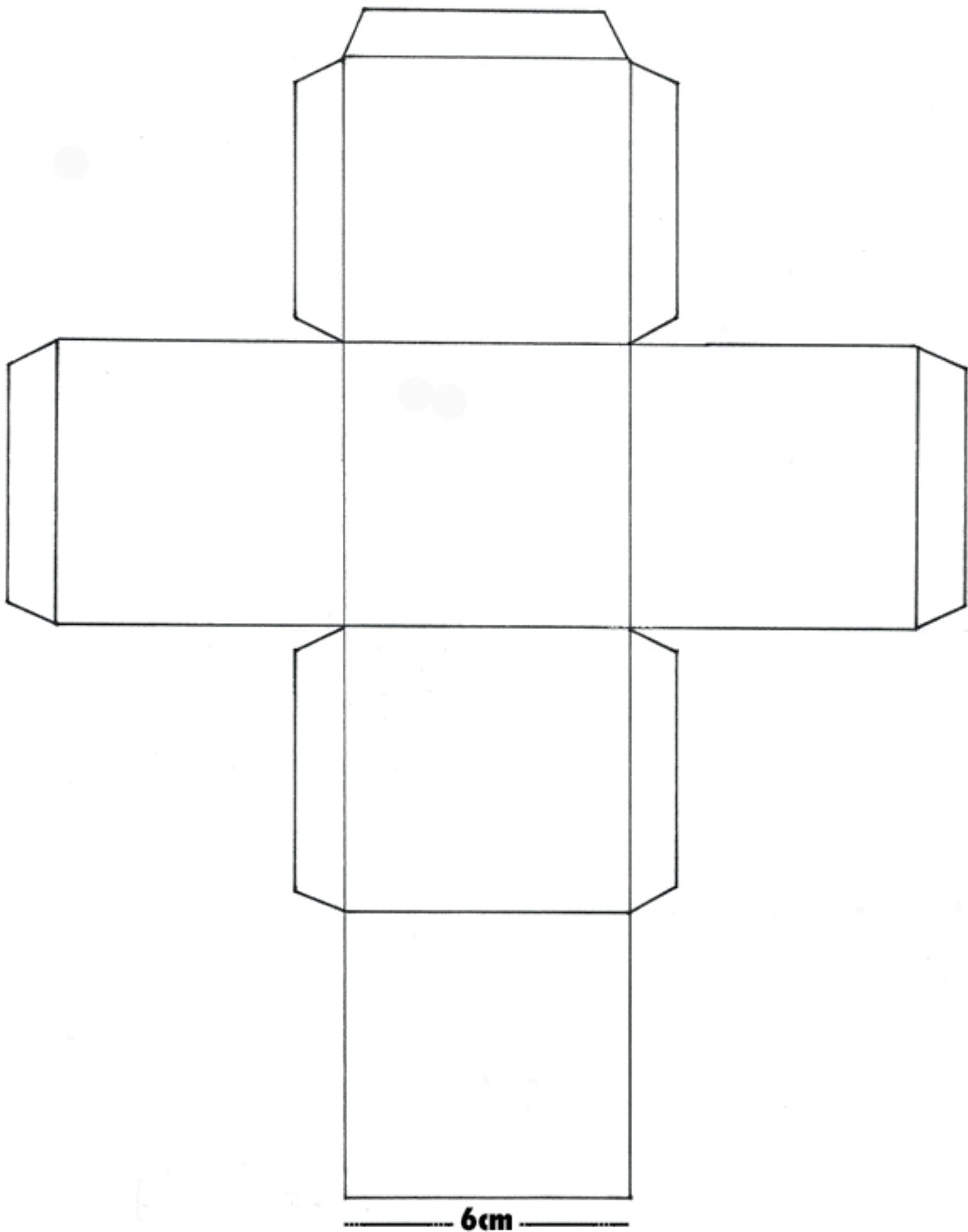
1. The positive images and slogans template (see below) printed out

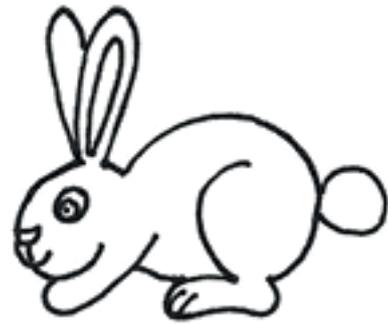
2. Positive images from magazines, birthday cards etc

3. Photos of friends, family or your pets

4. Other stuff that makes you happy: glitter? sequins?

Positivity cube template





I CAN
DO
THIS!



KEEP
Smiling!
😊

**Happy
thoughts**